

# COMMUNITY CONNECTION

## Newsletter

**July/August 2010**

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ATWOOD LIONS



53rd ANNUAL CANADA DAY

# Celebration

Thursday, July 1, 2010

### GIANT PARADE

*One of the Biggest Parades in the Area.*

**Starts at 12:30 p.m.**

Antique and Classic Cars, Bands in Attendance

Clowns \* Pets \* Bicycles

*For Information, call 519-356-2867*

### SPORTS EVENTS & GAMES

- 3 Pitch Baseball Tournament
- Toilet Seat Horseshoes
- Ladder Golf tournaments

*Call 356-2488 or 356-1103 to sign up.*

- Two Man Crosscut Saw Competition
- 50/50 Bingo in Community Centre after the Parade.

- Cake Booth, Crown & Anchor
- Free Public Swimming
- Kids Games / Bigger Than Ever!!

### ENTERTAINMENT

Bavarian Gardens

Tuesday following the Parade

Lottery Draw

*Proceeds to New Atwood Community Pavilion.*

### Pork Barbeque

*Completely Homemade Meal*

4:00 to 7:00 P.M. at Elma Community Centre

Adults \$12.00 for 2 chops; \$10.00 for 1 chop

- Child 12 & under \$5.00

# Let it Flow with H2O!



154th Listowel Agricultural Fair July 15—18, 2010

For program details, check out [www.listowelfair.com](http://www.listowelfair.com)

*Pick up your Fair Guide for all the details of events including: Parade, Ambassador Competition, Tractor Pull, Demolition Derby, Live Entertainment, Livestock Shows, Great Kids Day Program & much more!*

# 2010 Camp Schedule



► **For children going into Grade 2 (and older) in Fall 2010**

(\*Those children going into Grade 1 in Fall 2010 call Best Start 291-1733 or North Perth Daycare Centre 291-4222)

► **Camp hours are 8:30 am - 4:30 pm —Extended care is available upon request between 7:30am - 8:30am (\$2) and between 4:30 - 5:30 pm (\$2)**

► **Family rate is for 3-5 children/family**

Theme	Week	Location	Cost per Day	Cost per week
<b>THE HOLIDAYS ARE IN!</b>	June 29 <sup>th</sup> - July 2 <sup>nd</sup> <i>Short Week</i>	Listowel Eastdale Public School Gymnasium	\$25/child \$70/family	\$70/child \$200/family
<b>THE DRAMATIC RED CARPET</b>	July 5 <sup>th</sup> - 9 <sup>th</sup>	Listowel Eastdale Public School Gymnasium	\$25/child \$70/family	\$110/child \$320/family
<b>BRINGING BOOKS TO LIFE</b>	July 12 <sup>th</sup> - 16 <sup>th</sup>	Listowel Eastdale Public School Gymnasium	\$25/child \$70/family	\$110/child \$320/family
<b>OCEAN COMMOTION</b>	July 19 <sup>th</sup> - 23 <sup>rd</sup>	Listowel Eastdale Public School Gymnasium	\$25/child \$70/family	\$110/child \$320/family
<b>ARTSY FARTSY</b>	July 26 <sup>th</sup> - 30 <sup>th</sup>	Listowel Eastdale Public School Gymnasium	\$25/child \$70/family	\$110/child \$320/family
<b>GAME SHOW MANIA</b>	Aug. 3 <sup>rd</sup> - 6 <sup>th</sup> <i>Short Week</i>	Listowel Eastdale Public School Gymnasium	\$25/child \$70/family	\$90/child \$265/family
<b>AROUND THE WORLD IN 5 DAYS</b>	Aug. 9 <sup>th</sup> - 13 <sup>th</sup>	Listowel Eastdale Public School Gymnasium	\$25/child \$70/family	\$110/child \$320/family
<b>WILD BY NATURE</b>	Aug. 16 <sup>th</sup> - 20 <sup>th</sup>	Listowel Eastdale Public School Gymnasium	\$25/child \$70/family	\$110/child \$320/family
<b>OLYMPICS</b>	Aug. 23 <sup>rd</sup> - 27 <sup>th</sup>	Listowel Memorial Arena Auditorium	\$25/child \$70/family	\$110/child \$320/family
<b>AMAZING RACE</b>	Aug. 30 <sup>th</sup> - Sept 3 <sup>rd</sup>	Listowel Memorial Arena Auditorium	\$25/child \$70/family	\$110/child \$320/family

**Call Amy at 292-2056**

## SUMMER BUS TRIPS

Call the Recreation office for more info or to register 519-292-2056

<p>Bingeman Park July 20th    \$40 Bus leaves 9am and returns 5pm</p>	<p>African Lion Safari Aug 17th    \$40 Bus leaves 9am and returns 5pm</p>	<p>Canada's Wonderland Aug 24th    \$60 Bus leaves 7:30am and returns 7:30pm</p>
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# Public Swimming Schedule

Listowel Kinsmen Pool 519-291-5387

Atwood Lions Pool 519-356-2630



JULY & AUGUST POOL SCHEDULE							
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:30—12:00	Swimming Lessons						
12:00—12:30	Lane Swim						
12:30 – 2:00	Family Swim						
2:00 – 4:00	Public Swim						
4:00—5:00	Swim Team Practice	Atwood Lessons until 6:30	Swim Team Practice	Listowel Lessons until 6:30	Swim Team Practice		
5:00—6:30	FAMILY SWIM	Listowel Lane Swim	FAMILY SWIM	Atwood Lane Swim	FAMILY SWIM		
6:30—8:00	Public Swim						
8:00—9:00	Listowel Public Swim	Atwood Public Swim	Listowel Public Swim	Atwood Public Swim			
	Atwood Aquafit & Lane Swim	Listowel Aquafit & Lane Swim	Atwood Aquafit & Lane Swim	Listowel Aquafit & Lane Swim			

**\*Please note the Listowel Wading Pool will be open the same hours (except closes daily at 8pm) as the Listowel Kinsmen Pool and operates on the same schedule and may be closed at any time due to maintenance and chemical balancing.**

## Season Runs until Sunday August 29th @ 4pm

Admission Rates	
Family & Public Swims	\$3/person
Family Rate (3+members of immediate family)	\$10/family
Book of 10 passes	\$27/book
Aquafit Classes	\$3/person
½ hour lane swim time	\$1/person
1½ hour lane swim time	\$2/person

***All-inclusive Season's Passes***

**WHAT A DEAL!**

\$90 individual or \$200 family

Includes all aquatic programming excluding swimming lessons. Add one care-giver member to your family pass at no additional charge!

# Swimming Lesson Schedule

Listowel Kinsmen Pool 519-291-5387

Atwood Lions Pool 519-356-2630



2010 North Perth Pool Schedule for the Listowel AND Atwood Pools		SESSION 2	Bronze Star, Medallion and Cross in ATWOOD and LISTOWEL, July 19-23 — no regular lessons.	SESSION 3	SESSION 4	8 lessons for 8 weeks
		July 5—16		July 26—Aug 6 <i>Compressed Week</i>	August 9—20	Atwood: Tuesdays July 6-Aug 24  Listowel: Thursdays July 8-Aug 26
<b>Starfish</b> (30 min) 6-18 months Parent to accompany child in the water. Buoyancy, movement, entries, songs & play in the water.	\$62	n/a		n/a	11:00 – 11:30	6:00—6:30
<b>Duck</b> (30 min) 18-36 months Parent to accompany child in the water. Toddlers build confidence through games, songs & active play.	\$62	n/a		n/a	11:00 – 11:30	6:00—6:30
<b>Sea Turtle</b> (30 min) 3-5 years Parent to accompany child in water during first 3 lessons. Glides, floats, safe entries, kicking with aid.	\$62	10:30 – 11:00 11:30 – 12:00		10:00- 10:30 11:00 – 11:30	10:00 – 10:30	6:00—6:30
<b>Salamander</b> (30 min) 3-5 yrs Assisted floats and glides through games & songs. Learning to jump into chest deep water.	\$62	9:30 – 10:00 11:00 – 11:30		10:30 – 11:00 11:30—12:00	10:30 – 11:00	6:00—6:30
<b>Sunfish</b> (30 min) 3-5 years Preschoolers work on stroke and skill progressions. Entries and floats in deep water	\$62	10:30 – 11:00		n/a	10:30—11:00	n/a
<b>Swim Kids 1</b> (30 min) 6+yrs An entry level that provides orientation to the water. Introduces floats and glides with kick.	\$62	10:00 – 10:30 11:30 – 12:00		10:00 – 10:30	11:30 – 12:00	4:30—5:00
<b>Swim Kids 2</b> (30 min) 6+yrs Children are introduced to deep water activities and use of PFD. Endurance is build on flutter kick & glides.	\$62	10:00 – 10:30 11:00 – 11:30		10:30 – 11:00	11:30 – 12:00	4:30—5:00
<b>Swim Kids 3</b> (30 min) 6+yrs Provides and introduction to front crawl and diving. Children work on floats and changing direction.	\$62	10:30 – 11:00 11:30 – 12:00		11:00 – 11:30	11:00 – 11:30	5:30—6:00
<b>Swim Kids 4</b> (30 min) 6+ yrs Children work on kneeling dives, surface support and self-safety. 25 m endurance swim, front crawl.	\$62	9:30 – 10:00 11:00 – 11:30		11:30 – 12:00	11:00 – 11:30	5:30—6:00
<b>Swim Kids 5</b> (45 min) 6+ yrs Back crawl, sculling and whip kick on back are introduced. Stride dives, boat safety & 50 m endurance.	\$67	10:30 – 11:15		10:30 – 11:15	10:00 – 10:45	5:00—5:45
<b>Swim Kids 6</b> (45 min) 6+ yrs Introduction to ice safety, rescue of others, elementary backstroke, 75 m endurance.	\$67	11:15 – 12:00		11:15 – 12:00	10:00 – 10:45	5:00—5:45
<b>Swim Kids 7</b> (60 min) 6+ yrs Children learn about airway and breathing obstructions, whip kick on front, 150 m endurance swim.	\$75	9:30 – 10:30		10:00 – 11:00	11:00 – 12:00	4:30—5:30
<b>Swim Kids 8</b> (60 min) 6+ yrs Introduces breaststroke, foot first surface dives and rescue entries, 300 m endurance.	\$75	9:30 – 10:30		10:00 – 11:00	11:00 – 12:00	4:30—5:30
<b>Swim Kids 9</b> (60 min) 6+ yrs Children work on head-first surface dives and standing dives. Wise choices, peer influence and self-rescue	\$75	9:30 – 10:30		10:00 – 11:00	11:00 – 12:00	4:30—5:30
<b>Swim Kids 10</b> (60 min) 6+yrs Refinement of strokes with an introduction to butterfly, 500 m endurance.	\$75	9:30 – 10:30		10:00 – 11:00	11:00 – 12:00	4:30—5:30

## Private Swim Lessons (\$17/half hour)

Available 9-9:30, 9:30—10am, 12-12:30pm selected weeks. If you prefer evening lessons, privates are available during 8 for 8 lessons 4-6:30pm on Tuesdays or Thursday evenings. Please call the pool for more details and to book your lessons!



**Canadian Red Cross**

**Standard First Aid & CPR 'C' Course**

@ Listowel Arena Cost: \$110.01/person

August 27th (6-10pm) & August 28th (9am—4pm)

**To Register call Amy at Parks & Rec.**

**519-292-2056**

North Perth Arts and Culture Council  
presents

**Summer Art Experience 2010**

Instructor, Keith Devries will encourage students to explore 'The Fantasy World' by developing their own creative story through origami, acrylic painting and various drawing techniques, including caricature.

August 9-13, 2010

Christ Anglican Church auditorium, Listowel.

Session 1: ages 7-10 ~ mornings 9:00 am to 12 noon.

Session 2: Ages 11-15 ~ afternoons from 12:30 to 3:30 pm.

\$75 per student.

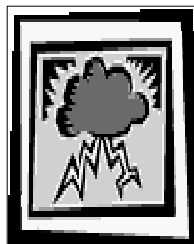
Call Brenda for more information: 519-291-4167. Registration forms on website at: [www.NorthPerthArts.ca](http://www.NorthPerthArts.ca)



What to do during a Severe Thunderstorm:

**INDOORS:**

- Stay away from windows, doors, fireplaces, and other material that conduct electricity
- Unplug radios/TV and don't use the phone



**OUTSIDE:**

- Take shelter in a building or ditch, NOT UNDER A TREE
- Do not ride bikes, golf carts etc.
- If swimming or in a boat get back to shore immediately
- If caught in the open do not lie flat but crouch in a leap frog position

For more information on storms and what to do if you get caught in your car log on to [www.getprepared.ca](http://www.getprepared.ca)

**Try Aquafit!**

**AQUAFIT CLASSES ARE DESIGNED TO IMPROVE CARDIOVASCULAR FITNESS, RANGE OF MOTION AND STRENGTH LEVELS IN A FUN, UPBEAT ENVIRONMENT!**

SEE PAGE 3 FOR AQUAFIT SCHEDULE AT LISTOWEL AND ATWOOD POOLS

**QIGONG IN THE PARK**

Come and learn **Qigong** and **Tai Chi Easy** in **Listowel Memorial Park** (along the river, next to the Pratt Memorial).

Classes are 60 minutes each.

**Monday evenings @ 7:00pm**

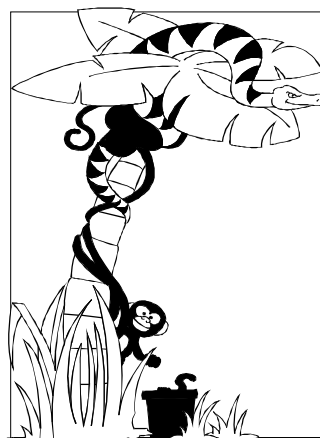
July 5, 12, 19 - \$25

**Saturday mornings @ 11:00am**

July 10, 17, 24 - \$25

**Call Parks & Recreation to Register 519-292-2056**

(We must have a minimum of 10 students in each class to run)



**Destination Jungle**

Come and enjoy the North Perth Public Library's

TD Summer Reading Program!

Activities will take place at the

Monkton, Atwood and Listowel Branches.

June 28 to August 13, 2010

[northperth.library.on.ca](http://northperth.library.on.ca)



# COMING EVENTS

## Listowel Sidewalk Sale Days— A Carnival Craze!



**July 7-10, 2010**

**SPINRITE TENT  
EVENT  
August 9th—21st**



## JULY

- July 1st : Canada Day Parade & Celebrations at Atwood Lions Park
- July 8th: North Perth Seniors presents the "Riverston Ramblers" 2pm at the Listowel Legion Auditorium, \$2 includes admission, refreshments, entertainment, door prizes and spot dance prizes, Linda Pyke 519-291-1490
- July 22nd: North Perth Seniors presents "Wellington Country" 2pm at the Listowel Legion Auditorium, \$2 includes admission, refreshments, entertainment, door prizes and spot dance prizes, Linda Pyke 519-291-1490

## AUGUST

- Aug 12th: North Perth Seniors presents the "Satchell Band" 2pm at the Listowel Legion Auditorium, \$2 includes admission, refreshments, entertainment, door prizes and spot dance prizes, Linda Pyke 519-291-1490
- Aug 19th: North Perth Seniors presents the "Duncan Lamond Band" 2pm at the Listowel Legion Auditorium, \$2 includes admission, refreshments, entertainment, door prizes and spot dance prizes, Linda Pyke 519-291-1490
- Aug 26th: North Perth Seniors presents "Country Serenade" 2pm at the Listowel Legion Auditorium, \$2 includes admission, refreshments, entertainment, door prizes and spot dance prizes, Linda Pyke 519-291-1490

## I AM...

### Girls Only! Self Esteem Camp

For ages 9-13 years July 12-16 from 8:30—4:00 pm at Knox Presbyterian Church Cost \$95/week  
To register or for more info, call Carolyn at 519-292-8471



## Listowel Community Garden "Children in the Garden" Series



**Saturday July 3, 2010 @ 10:00 am-12:00 pm:** Making strawberry Freezer Jam! Please bring \$4.00 for supplies and a small, margarine type container to put your jam into. You must RSVP for this workshop and bring a grown up!

**Saturday, July 31, 2010 @ 10:00 am-12:00pm:** Learning about sundials and shadows....hopefully it is a sunny day! Free and bring your grownup!



**Saturday, August 28, 2010 @ 10:00-12:00pm:** Salsa-rific! Using community garden vegetables to make our own salsa! Bring a small container and a grownup!

Volunteers still needed to "grow a row!"  
Contact Andrea @ 519-291-0116 [hruskaclan@hotmail.com](mailto:hruskaclan@hotmail.com)

## The COMANCHEROS

30th Annual

**Car Greaser Weekend on  
June 11, 2010**

in Listowel  
Memorial  
Park



**AND**

**on July 10th, 2010:**

**Dance to "Twist Tops" at  
Parkview Gardens Legion.  
\$10/person. 9pm—1am.  
Doors open 8:30pm**



## What is Rotary?

There are over 32,000 Rotary Clubs in more than 200 countries. The clubs are non-religious, non-political, and open to every race, culture and creed. Members represent a cross-section of local business, professional and community leaders. Rotary Clubs participate in a broad range of humanitarian, intercultural and educational activities designed to improve the human condition.

Rotary builds understanding through international scholarships, exchange programs, and humanitarian grants. Over 356,000 students have studied abroad as Rotary Ambassadors Scholars. Rotary's Group Study Exchange has helped more than 45,000 young professionals explore their career fields in other countries. And each year some 9,000 secondary school students experience life in another country through Rotary Youth Exchange.

The Four-Way Test has stayed front and centre in Rotary Circles:

- Is it the **TRUTH**?
- Is it **FAIR**?
- Will it build **GOODWILL** and **BETTER FRIENDSHIP**?
- Will it be **BENEFICIAL** to all?

If you are interested in knowing more about the Rotary Club of Listowel, you are invited to join us for dinner and our regular meeting held every Thursday evening beginning 6:30 pm at Veky's Restaurant, 245 Main Street East, Listowel. 519-887-6999



Vacation Bible School at Listowel  
Evangelical Missionary Church

When: July 5-9 2010

Time: 9:00-11:30 am

Ages: JK-age 10

Theme: High Seas Expedition

For more info or to pre register  
call 519-356-2856 or  
519-291-9944

Sponsored by Listowel Evangelical  
Missionary Church and Bethel  
Christian Reformed Church.



## Drama Camp 101

At Theatre 3-11

Ages 8-12: July 5-16/10

Ages 13-16: July 19-30/10

Time: 9am—3pm

Spaces are limited, so register  
soon! Crystal Daugherty  
519-503-6115



# Urban Poling

- Mondays and Thursdays at 3:30pm--- FREE meet at the Kin Station
- Wednesday evenings at 5:00pm--- call for meeting location
- Poles available for use

## Wellness Education--- FREE!!

1<sup>st</sup> Thursday of the month at the  
Listowel Library

- August 5<sup>th</sup>: Tips for Restful sleep
- September 2<sup>nd</sup>: Whole Grains and Fiber--- what to include in your diet.
- October 7<sup>th</sup>: Oral Health Care.

Call Lindsay at  
**VON 519-291-5898**



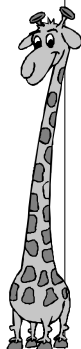


### JUNGLE STORY TIME

Mon Jul 5-26, 10-11am

Atwood Public Library

Join us Monday morning for "A trip through the jungle". Each week we will feature an Eric Carle book, have a craft, games & songs.



### FUN IN THE PARK

Join us for a fun hour of games, songs and activities in the park...



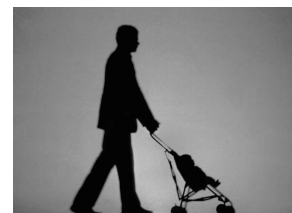
July 5, 12, 19 & 26—Atwood Lions Park, 1:00-2:00pm  
July 7, 14—Listowel Kin Park, 10:00-11:30am  
August 9, 16, 23 & 30—Atwood Lions Park, 10-11:30am  
August 4, 11—Listowel Memorial Park, 1-2pm

### STROLLERCISE

July 7-21 & Aug 4-18

10-11am

Meet at North Perth Library



### MOVIE AT NORGAN THEATRE

Main Street Palmerston, 10:00am



Parents, grandparents, children of all ages welcome!

Cost is \$2.00 per seat

Concession Booth will be open.

Wed July 21: "Curious George"

Wed Aug 11: " Shark Tale"

### BABY & ME SWIM

Mon Jul 12,19, 26 & Aug 9, 16

10:30-11:30am Listowel Wading Pool

Join Debbie for an energizing "water circle" that allows the adult and baby to enjoy the wading pool.

The adult is responsible for swimming apparel & sunscreen. Child must be kept within arms reach throughout program.

**One child per adult.**

**Maximum 12 adult/child participants.**

**"Ideal for children under 3"**



### JOIN US AT THE SPRINKLER PAD

Wed Jul 7—Palmerston Sprinkler Pad, 1:30-2:30pm

Wed Jul 28—Wingham Sprinkler Pad, 1:30-2:30pm

Wed Aug 18—Palmerston Sprinkler Pad, 1:30-2:30pm

**Sprinkler Pad & Picnic!!! Let's celebrate the end of summer!!!**

Tues Aug 24—Wingham Sprinkler Pad, 10am-12pm

Bring along a picnic lunch to enjoy!!



### PARENT EDUCATION

#### OPPORTUNITIES

Join us on Tuesdays at Family Time for some great topics...



Listowel Salvation Army Church, 9:30-11:30am

July 13—Sleep Issues

July 20—Stress

August 3—Quality of Child Care

August 10—Positive Discipline



# INCLUSION



## All means All

Building a Community of Character that Embraces People from all Races, Cultures, Life Experiences and Abilities.