

# Sports Camp

## Week 4: Sports Camp - Atwood Community Centre

**\*Please bring a swimsuit, towel, lunch, water bottle, sunscreen, and extra clothes to camp every day!\***

**Leaders: Brett, Reid, Sarah, & Jenna**

**Monday, July 20th, 2026:** Welcome to Sports Camp, where we will play all your favourite sports! We will start the morning with an athlete roll call before we burn some energy doing some outdoor play. After the snack, we will have a torch relay. Following lunch, we will head to the Atwood Lions Park to cool off. We will end the day with some favourite camp games.



**Tuesday, July 21st, 2026:** Today is World Cup Day, so make sure to rock your favourite team's jersey! We will start our morning with a morning circle game before having some outdoor play. After snack, we will play some soccer- baseball. After lunch, we will have some park time then craft time to make our favourite team's flag. We will then have a dodgeball and soccer game. We will end the day with a game of "World Cup"!

**Wednesday, July 22nd, 2026:** Are you ready for a fun day of basketball? We will start the morning with our morning circle game before having some outdoor play time. After snack, we will have some basketball practice before we face off in a basketball match. After lunch, we will head to the Atwood Lions Pool for a relaxing swim after our busy morning. We will end the day with some "Trainer Dodgeball"!

**Thursday, July 23rd, 2026:** We are going to start our morning with some sports-themed games before doing some outdoor play. After snack, we will play tag and horseshoes. After lunch, we will have some park time and then create a sports headband! We will then end our day with our kindness initiative and baking with Tilly.



**Friday, July 24th, 2026:** Remember to bring your mini sticks because today we are going to have our mini sticks tournament! We are going to start the morning with a popular camp game before having some outdoor play. After snack, we will have our mini sticks tournament. After lunch, we will create our own paper jersey before heading to the pool for a refreshing swim. We will end the day with a camp favourite game to celebrate our fun week!



Website: [www.northperth.ca](http://www.northperth.ca) Camp Cell Phone Number: 519-291-7691

North Perth Recreation Summer Camp